



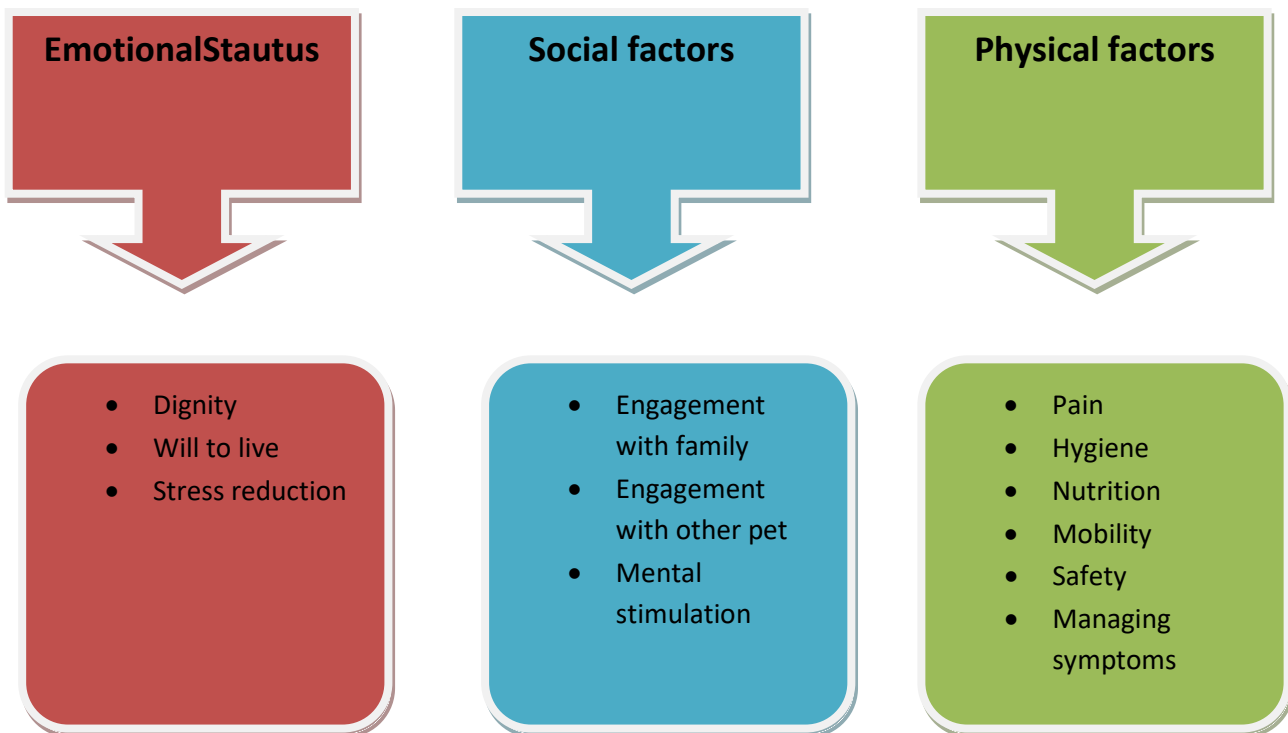
Bayswater Veterinary Clinic
35 Alexander Street, London, W2 5NU
020 7229 2040
info@bayswatervets.co.uk
www.bayswaterveterinaryreferrals.co.uk

Palliative Care and Decision making for Terminal disease

Palliative Care

The aims of palliative care are to **maximise comfort** and **minimise suffering** whilst making a **timely** and **empathetic** decision for euthanasia.

Factors to consider when compiling a palliative care plan are as follows;



(please see separate sheet for components of palliative care at home)



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Timely decision making

The '10 Point Check List' is used to accurately monitor change and provide guidance in making an empathetic decision. The check list should be carried out by the same person or people weekly in the same setting. By comparing the weekly scores, an informed decision can be made.

Component	Questions to ask	Score 1(☹) to 10 (☺)
Organ systems	Diarrhoea, vomiting, lethargy?	
Pain	Ability to control pain, location, severity and cause?	
Difficult eating and drinking	Dribbling? Chewing? Swallowing? Gagging?	
Breathing	Has respiration rate increased?	
Elimination process	Urination/ defecation- frequency? Ability to go?	
Mobility	Able to get up stairs/ around home and where needs to go?	
Tumour	Is this affecting day to day life? Mobility?	
Current mood	Mood towards you.	
Engagement	Interaction with family?	
Weight	Declined or increased?	